

Parks &
Recreation

Adult Dodgeball



West Valley City
Family Fitness Center
5415 W. 3100 S.
801-955-4000

West Valley City Parks & Recreation **Adult Dodgeball**



Adult Dodgeball League:

Men and Co-ed Recreational Dodgeball leagues for adults 18 and older. There will be a co-ed and men's league each night Mondays & Wednesdays with 10 teams per league. Co-ed Leagues require at least 2 females play every round. Men leagues can also have females but are not required.

*(registration will be first come first serve in case of a needed waiting list)

*(adjustments in league size may occur if more or less of one type of league sign up)

Who: Men and Women 18 years old

What: Adult Dodgeball League

Date: Starts Jan 9th and 11th, 2012

When: Mon & Wed beginning at 6:00PM

Where: WVCFFC Gym B

Fees: \$170.00 per team

Registration Deadline: Dec 19, 2011

Registration is team only

Teams will provide their own T-shirts.

Team rosters minimum 6 up to 12 players max.

16 and 17 year olds can play if parents fill out youth participation form.

Team captain meeting: Dec 19, 2011 6:30 PM. At the fitness center.



Call 801-955-4000 for more information

www.westvalleyfitnesscenter.org